

Writing a Learning Plan for Nursing

What is a 'Learning Plan'?

As future health professionals, you may need to do 'Learning Plan' assignments in your courses. A learning plan requires you to reflect on the learning and identify both existing skills or knowledge that you have acquired and those which you need to improve or develop.

Learning plans are useful tools to help you develop self-awareness as a professional and can contribute to your Portfolio or e-Portfolio as evidence of continuing professional development as a health practitioner.

In a 'Learning Plan' assignment, you may be asked to:

- reflect on your learning
- identify existing skills and/or knowledge that you have gained from your courses
- identify areas for improvement
- explain what strategies you will use to improve specific skills/knowledge
- explain what resources you will use to improve your skills
- set SMART goals to achieve your learning objectives
- provide evidence that you have met your learning objectives

Example 'Learning Plan'

The following is an example of a learning plan which identifies areas of achievement and areas to improve. It also includes two learning objectives relevant to the work and learning to take place.

Workplace scenario:

You have started training for a new job at Hungry Jack's and have attended the initial training sessions before doing your on-the-job training in a store. You now have some skills and knowledge which you gained from your initial training sessions - these are your 'areas of achievement'. Your supervisor has asked you to reflect on your areas of achievement and to consider what skills/knowledge you would like to improve during your on-the-job training.



Here is your Learning Plan:

Learning Summary (Self-assessment):

Areas of achievement:

- 1. I am now able to take orders and enter them on screen, cancel them if I make a mistake, receive the customer's money either as cash or via card.
- 2. I am now able to work the deep fryer adhering to all safety procedures including wearing appropriate protective and correct use of the timer.

Areas for improvement:

- 1. I have yet to learn how and then practise how to close down the till and computer at the end of the night.
- 2. I have yet to learn how to empty and clean the deep fryer.

Learning objectives for each area for improvement:

Area for improvement 1:

I have yet to learn how and then practise how to close down the till and computer at the end of the night.

Learning objective 1:

To accurately implement the procedure for closing down the till and computer according to the training guidelines at the end of the shift within 2 weeks.

Area for improvement 2:

I have yet to learn how to empty and clean the deep fryer.

Learning objective 2:

To apply the training I have received to empty and clean the deep fryer according to the procedure manual in a safe manner without any injury to myself or others within 3 weeks.