



Understanding self for placement experience

Self-awareness

OR EXPLORING IDENTITY



How does the employer view you?
See yourself from their perspective:

**What are your current strengths?
or weaknesses?**

**Are you the right candidate for this
placement or for a job later on?**

**What value-add will your placement
provide them?**

What do I know about myself?

A quick survey

☐ **A lot**

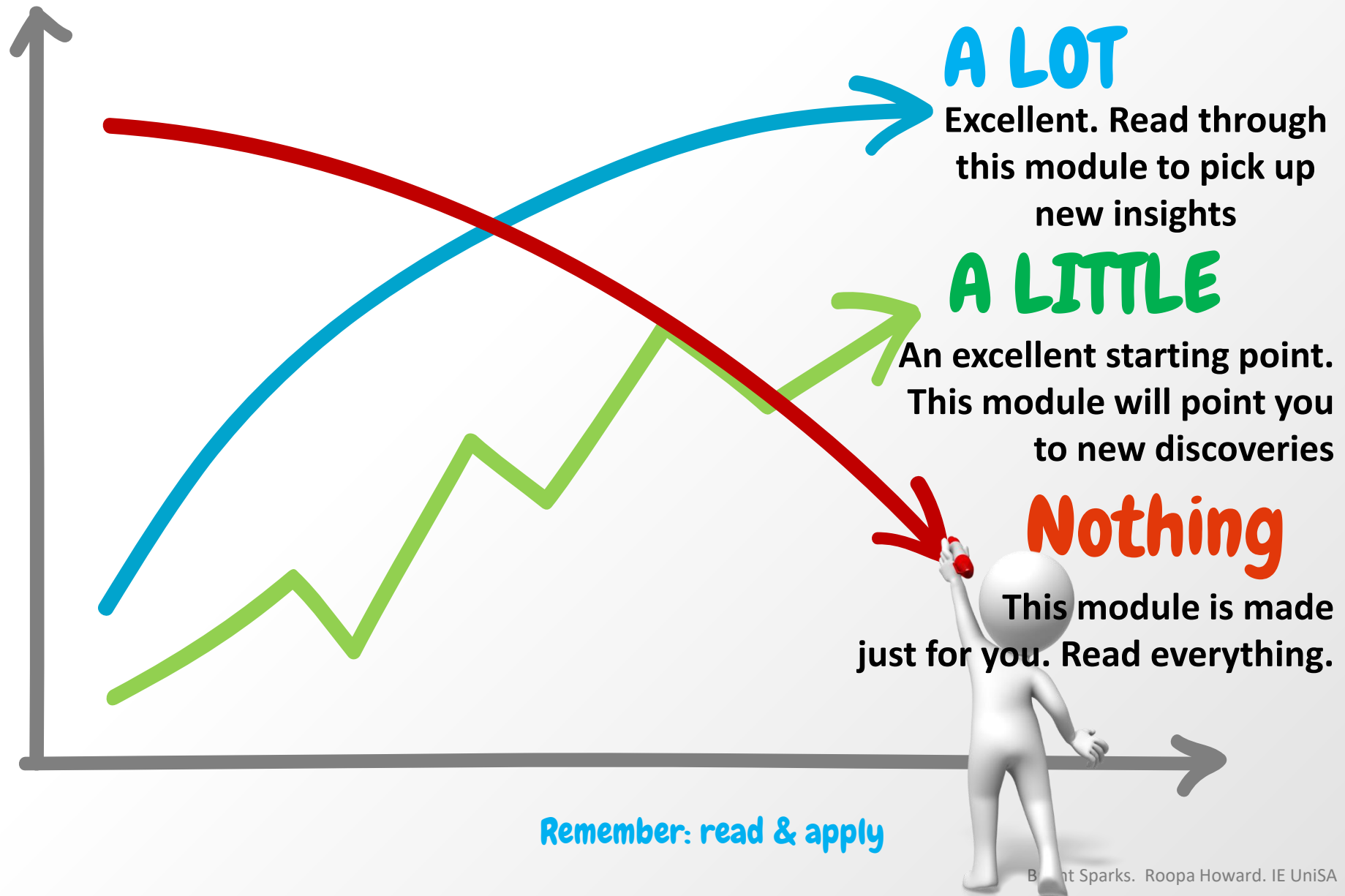
☐ **A little**

☐ **Nothing**

Note to self: view getting
an industry placement the
same way you would go
about getting a job



What I know about myself quiz results



What do I know about myself?

Self-awareness



- ☐ Knowledge
- ☐ Skills
- ☐ Values
- ☐ Strengths
- ☐ Weaknesses
- ☐ Personality profile

Activity: list what you know about yourself.
Use the list on this page to guide you.
Reflect on your strengths and weaknesses.
Reflect on your placement goals. What do you want to achieve?

What I'm good at!

Knowledge, skills, abilities, experience



You may have to apply for a placement and attend an interview for selection.
Are you prepared?

Self-awareness

1. How to be more self-aware

2. Professional values

3. Personality profile

[Or unpaid personality profile test link](#)

4. Belbin for teamwork

5. Skills audit

See next slide

6. Reflection...

NOTE: this page has clickable links.

If any are broken please [email](#) the placement team

Skills audit

1. From your CV list your **skills** on paper
2. Download a recent job advert
3. List **skills** the organisation is seeking
4. Match this with your **skills** list

Skills they want	Skills I have	Or skills I don't have	How can I get this skill
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5. What was the match for **skills** an organisation is looking for and yours?
6. Doing this helps you recognise the high value employers place on **skills**
7. Reflect on this activity



Figure my Placement out!

On planning and preparing for placement experience

Placement Steps to Success

Step 1

Prepare Self

Step 2

Prepare a strategy

Step 3

Plan where

Step 4

Plan when

Step 5

Apply

Step 6

Perform

Planning is important

1st year

2nd year

3rd year

4th year

Develop a placement experience plan



Self-awareness and developing your professional identity

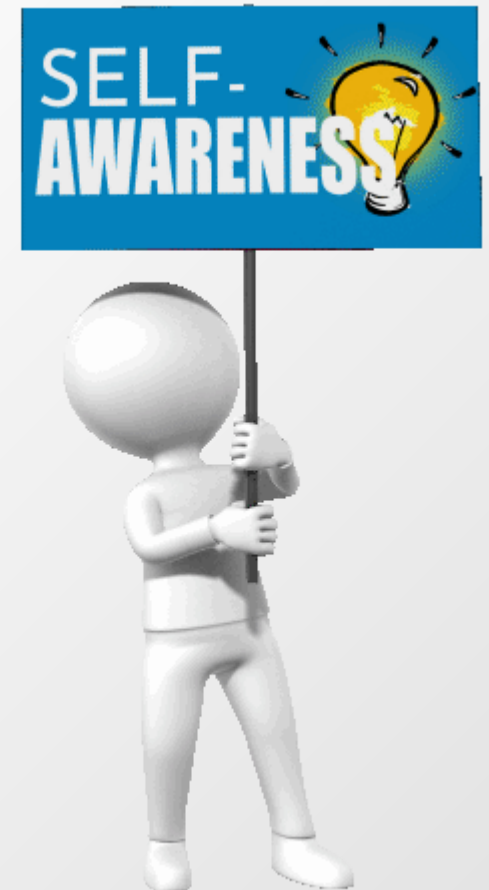
Being aware of your skills, abilities and strengths helps develop the *'the ability to collect, interpret and analyse information and reflect on one's own beliefs in order to form judgements'* or for *'self-authorship'* (Magolda.1998).

This ability to construct your **own vision, create meaning to experiences, make informed decisions, act appropriately and to take responsibility for actions** is defined as developing **self-authorship**

Activity:

Watch: [Marcia Baxter Magolda's Theory of Self Authorship](#) by Evan, Hilary and Trenton. Time: 4.02 m

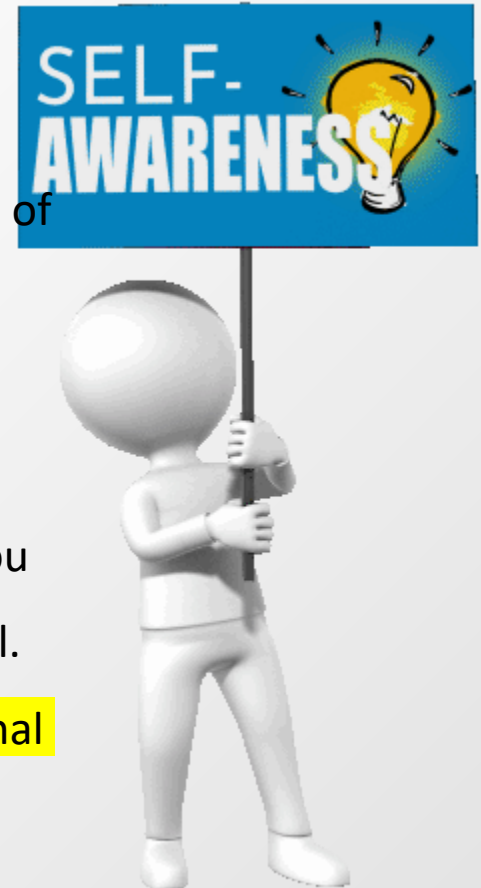
Read: [Self-Authorship and Identity in College: An Interview with Marcia B. Baxter Magolda](#). Time: 3 m



Self-awareness and developing your professional identity

University studies helps to develop knowledge and skills to translate into employment after graduation. Your placement experience or industry experience (IE) imparts another level of learning about the Australian workplace and the role of the professional. You are developing not only new knowledge and skills but are also developing your professional identity, as you observe the nature of the workplace and how people operate within it.

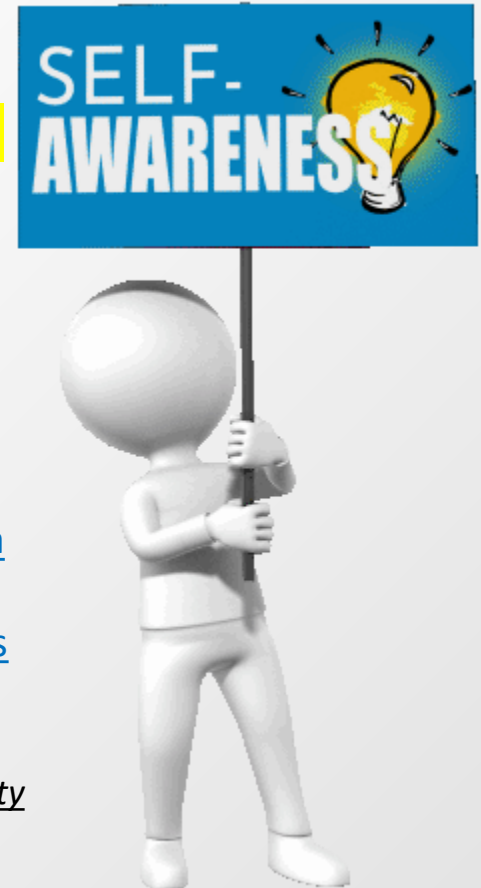
Your observations and reflections will help you analyse your experiences and provide insights about yourself. You will find you respond to work situations not as a student but as a professional. Becoming aware of this phase is coming into your pre-professional identity (PPI) state.



Self-awareness and developing your professional identity

To summarise, during your university years you begin to develop a tertiary student identity with which you identify yourself as a student in your degree program, possibly related in the pursuit of a high GPA. Your placement experience represents a cross-road as a precursor to the emergence of a new pre-professional identity (PPI) as you navigate new professional environments and observe the role of professionals and others in it.

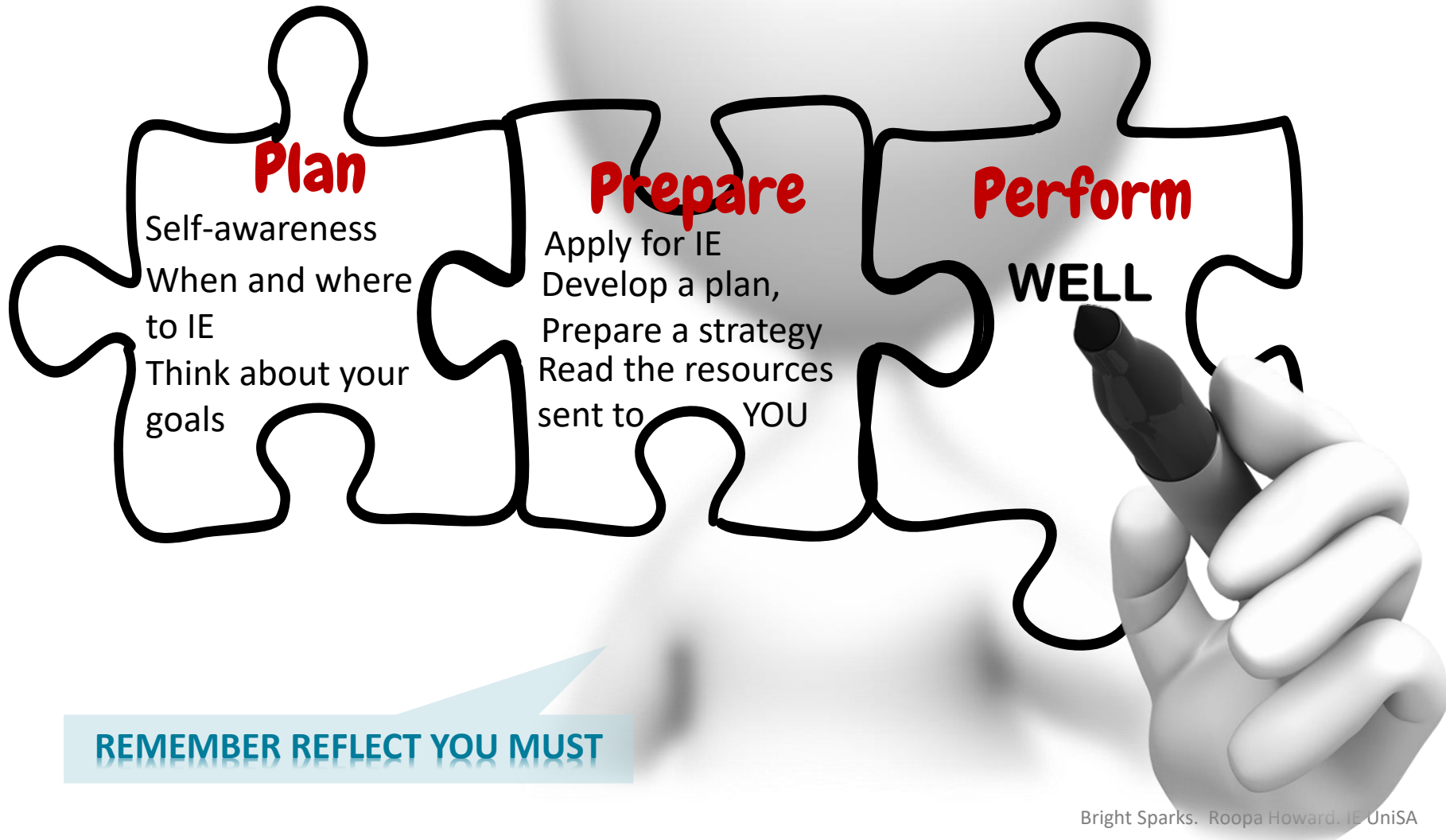
‘PPI encompasses ‘feelings of personal adequacy and satisfaction in performing the expected role’ (Paterson et al. 2002, 7) and occurs when a member of a profession develops the ‘attitudes, beliefs and standards which support the practitioner role and the development of an identity as a member of the profession with a clear understanding of the responsibilities of being a ... professional’ (Higgs 1993, 10)’ in Jackson, D. High Educ (2017) *Developing pre-professional identity in undergraduates through work-integrated learning*. 74: 833.
<https://doi.org/10.1007/s10734-016-0080-2>



Own your placement experience

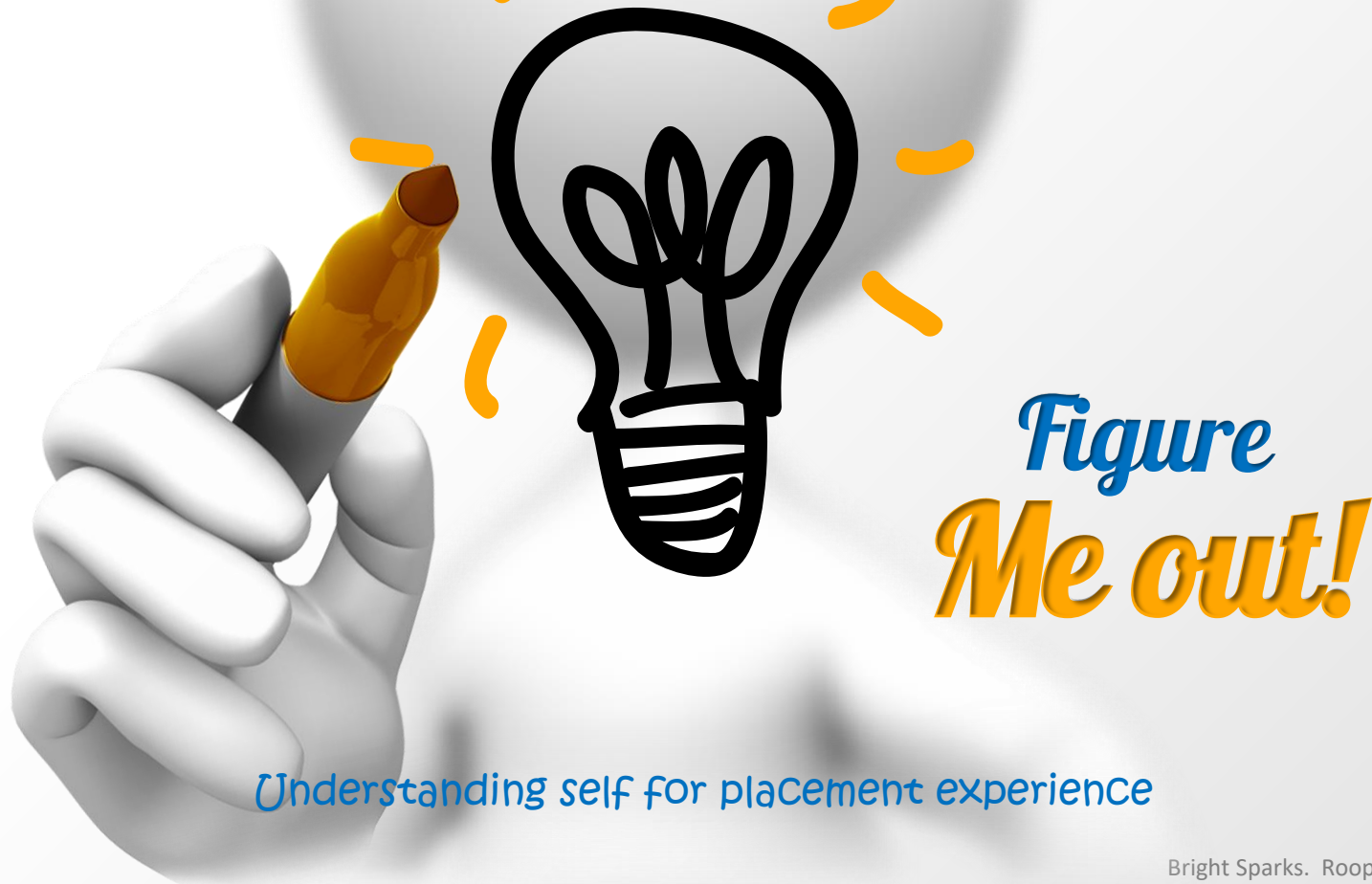


Plan ahead for your placement experience



REMEMBER REFLECT YOU MUST

Thank you for reading this placement preparation information



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