

Suggested conversation starters for students who raise concerns in the classroom regarding mental health or disability

No disability disclosed or student indicates general personal issues:

- I am concerned about how you are progressing with your studies.
- You seem to be having difficulties with ... (state observed behaviour or what the student may have disclosed to you).
- The university has support services that can assist students who are struggling. Within the College we can provide academic support (can elaborate), but sometimes people find that it good to chat with someone about their issues such as a Counsellor. Any contact with them is free and confidential. They can work with you to either assist in providing you with strategies to managing or refer you to the best person within the university or externally who may assist with your specific issues.
- You can make an appointment to see a Counsellor by booking [online](http://w3.unisa.edu.au/current-students/StudentServices/onlinebookings.html) (<http://w3.unisa.edu.au/current-students/StudentServices/onlinebookings.html>) or contact Campus Central toll free on 1300 301 703 to make an appointment.
- I will also send a referral to the Student Engagement Unit so that when you meet with them that they are aware of the reason for referral.

Student discloses they have a disability or are a Carer of someone with a disability

- We have staff at the University who support students with a disability or is a carer of someone with a disability.
- The Disability Advisers can provide you with information about their services and what supports are available. Their aim is to minimise the impact that your condition may have on your studies.
- You may just wish to meet with them in the first instance to let them know about your situation and what support may be available. It is free and confidential and will not appear on your academic transcript.
- If you decide to register you will need to provide documentation, but you may wish to discuss this with the Disability Adviser to ensure that you have the right information.
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