**Participants**: 200 adolescents and 300 adults

**Questions**: focused on lifestyle factors and stressors

The table below summarises the results of the two surveys.

It reports the number of survey respondents within each of the categories for adolescents and adults, as well as for all respondents for both years.

|  |  |  |
| --- | --- | --- |
| **Lifestyle factor** | **Adolescents (Age 13-17)** | **Adults (18-64)** |
| **2015** | **2020** | **2015** | **2020** |
| Daily smoking  | 5 | 10 | 50 | 65 |
| Meeting recommendations for physical activity | 20 | 10 | 150 | 125 |
| Meeting fruit consumption guidelines | 25 | 15 | 75 | 55 |
| Overweight or obese | 50 | 60 | 100 | 150 |