

## FLIPPED ACTIVITIES: Week 2 Teamwork tutorial.

Before the tutorial on Thursday, 10 March please complete the Belbin's self-perception inventory, watch some teamwork videos and complete a psychology online test. We will discuss teamwork in more detail in this tutorial but you will need to do these activities before you attend.

### **Activity 1:** Complete **Belbin's self-perception inventory** (~up to 20 minutes)

Complete [Belbin's self-perception inventory](#) (if you have not already completed) to work out what type of '[team player](#)' you are, by indicating which of the nine Belbin Team Roles you have an affinity towards, and which ones you don't. Bring an electronic copy to the tutorial.

### **Activity 2:** Watch the Teamwork videos (~up to 20 minutes)

## ACTIVITY 1: WATCH TEAMWORK VIDEOS

Note down some key points you got from watching these videos. Try to watch at least three. After watching the videos note what you saw and learned from the video. Share your views in the next tutorial.

1. Good Teamwork air force: [Blue Angels](#) 3.32 minutes
2. Teamwork sports: [Teamwork in sports](#) 4.20 minutes
3. Teamwork army: [Jiffy Jeep](#) 3.59 minutes
4. Teamwork birds: [Geese](#) 2.09 minutes
5. [Teamwork gone wrong](#) 0.30 minutes
6. [Teamwork birds](#) inclusion/exclusion 3.20 minutes

Reflection points:

1. *What you learnt about effective teamwork, communication, collaboration?*
2. *Why you think working in teams is important?*
3. *What happens in a project or undertaking when there is no collaboration?*
4. *Reflect on how the video you watched might influence your attitude and behaviour in current teamwork?*
5. *Or you can add your own reflection point over the page.*

### **Activity 2:** Psychology profile links (~up to 20 minutes)

Personality tests online:

Myer Briggs: <http://www.humanmetrics.com/cgi-win/JTypes2.asp>

Keirsey: <http://www.keirsey.com/default.aspx>

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