

Quick Guide: ELA4: Midwifery Transition Practicum

The aim of this course is to enable students to demonstrate consolidated midwifery knowledge, attitude and skills in a clinical practice environment and to achieve the course objectives in alignment with the Nursing and Midwifery Board of Australia (NMBA) Midwife Standards for Practice through midwifery clinical placements. Midwifery Transition Practicum ELA4 provides opportunity for third year midwifery students to engage in antenatal, postnatal, neonatal and intrapartum care of women and their families. ELA 4 comprises a total of eight weeks of placement with four of those as an intrapartum placement.

Students have completed all 1st and 2nd year Foundation and Development Courses, and in 3rd year they have completed or are completing, Perinatal Mental Health and Wellbeing, Women's Health Across the Lifespan.

Students should be encouraged to **actively** participate in care as soon as appropriate under either direct or indirect supervision of the Registered Midwife or Doctor. Direct supervision is when the supervisor/clinician takes direct and principal responsibility for the midwifery care provided and must be physically present to observe the student when they are providing care. Indirect supervision is when the supervisor is easily contactable and available to observe and discuss the midwifery care the student is delivering. When students are undertaking any intimate examinations or care, they should **always** be under the direct supervision of a registered health professional.

The following is a guide only to the theory and skills practiced on-campus for this course at beginner level.

Theory and Skills

ELA 1-3 clinical skills (as per quick guides 1-3)

Teamwork: TeamSTEPPS collaboration, referral pathways and conflict resolution

Management of mental illness during antenatal, intrapartum and postnatal periods: Psychotherapy and psychopharmacology

Reflective practice and woman-centred care in the presence of psychological issues: Evidence-based practice, ethical practice, clinical reasoning skills

Assessment of anxiety and depression using standardised tools including ANRQ and the EPDS: Attachment and lifespan development theories and assessment of pre-existing mental illness and the perinatal period

Communication: Effective communication with the woman, family centred care, informed consent, active decision making, written documentation, clinical handover, advocacy, and cultural competency

CoCE: Engagement with 10-15 women for their Continuity of Care Experience (CoCE) over the course of the program. Students are required to have these 5 Clinical Assessment Tools (CATs) assessed by their supervising midwives:

- CAT 7: Performing and interpreting an intrapartum cardiotocograph
- CAT 11: Insertion of a urinary catheter
- CAT 12: Care of the woman and baby during induction of labour
- CAT 21: Full examination of the newborn
- CAT 24: Care of the baby receiving phototherapy

It is expected that students will attain a **minimum** rating of **Proficient (P)** level (please see 'Quick Guides: Clinical Assessment Tool for the Midwifery Student').

CAT 16: Maternal and baby wellbeing assessment following birth has already been assessed and passed in the preclinical workshop (Please see 'Quick Guides: Clinical Assessment Tool for the Midwifery Student').

Students are required to collect daily feedback from their supervising midwives. Each student has a Clinical Facilitator allocated by the University; please provide feedback as requested or contact as needed if the student requires.

Thank you for participating in educating the next generation of Registered Midwives

¹ Bachelor of Midwifery students are NOT permitted to administer schedule 8 medications