

Quick Guide: ELA 5: Midwifery Transition Practicum

The aim of this course is to enable students to consolidate midwifery knowledge and skills in a clinical practice environment and to achieve the course objectives in alignment with the Nursing and Midwifery Board of Australia (NMBA) Midwife Standards for Practice. The final Midwifery Transition Practicum ELA5 provides opportunity for third year midwifery students to transition to the role of the midwife, by actively engaging in intrapartum, neonatal care, antenatal, postnatal care or women's health care placements over eight weeks of placement. **NOTE**: Midwifery *re-entry students also complete ELA 5*.

Students have completed all 1st and 2nd year Foundation and Development Courses, and in 3rd year they have completed or are completing, Perinatal Mental Health and Wellbeing, Women's Health Across the Lifespan, Becoming a Midwife, Experiential Learning Activity: Midwifery Transition Practicum 4 and Midwifery Project.

Students should be **encouraged to assume the management of a woman's care and to develop increasing levels of autonomy whenever possible, under either the direct or indirect supervision of a midwife or doctor.** Direct supervision is when the supervisor/clinician takes direct and principal responsibility for the midwifery care provided and must be physically present to observe the student when they are providing care. Indirect supervision is when the supervisor is easily contactable and available to observe and discuss the midwifery care the student is delivering. When students are undertaking any intimate examinations or care, they should **always** be under the direct supervision of a health professional.

The following is a guide only to the theory and skills practiced on-campus for this course.

Theory and Skills

ELA 1-4 clinical skills (as per Quick Guides 1-4)

Woman-centred, evidence-based and competent midwifery care across the childbirth continuum in all midwifery settings. Advocacy in midwifery practice.

Midwifery practice skills: Perineal suturing and cannulation

Current and future contexts of midwifery at a local, national and international level.

Teamwork and conflict resolution.

Professional communication: Effective communication with the woman, woman centred care, informed consent, active decision making, written documentation and clinical handover/ISBAR.

Assessment of perinatal mental health: Specific mental illness (mood and anxiety) psychological disorders in pregnancy and childbirth and postnatal distress.

Ethical and culturally safe practice; clinical pathways.

Clinical reasoning; referral and consultation guidelines.

Midwifery research and practice: Research development skills, ethics, data interpretation and reflective evidence-based practice, midwifery practice skills, teamwork, conflict resolution, clinical reasoning and leadership.

CoCE: Engagement with a minimum of 15 women to complete the requirements for their Continuity of Care Experience (CoCE) over the course of the program.

Students are required to have these 5 Clinical Assessment Tools (CATs) assessed by their supervising midwives:

- CAT 10: Epidural analgesia in labour
- CAT 13: Care of the woman and baby with increased needs in labour
- CAT 14: Care (reception) of the newborn at birth
- CAT 18: Breastfeeding challenges for the woman and baby
- CAT 19: Care of a woman after a caesarean birth

It is expected that students will attain a **minimum** rating of **Proficient (P)** level (please see 'Quick Guides: Clinical Assessment Tool for the Midwifery Student').

CAT 3: Abdominal Examination has already been assessed and passed in the pre-clinical workshop. The 3rd year student was assessed on 'supporting and assessing a 1st year student to undertake the CAT3 in a simulated environment' (Please see 'Quick Guides: Clinical Assessment Tool for the Midwifery Student').

Students are required to collect daily feedback from their supervising midwives. Each student has a Clinical Facilitator allocated by the University; please provide feedback as requested or contact as needed if the student requires.

Thank you for participating in educating the next generation of midwives

¹ Bachelor of Midwifery students are NOT permitted to administer schedule 8 medications